

# Activities Guide

Fall 2016

**PREPAREATHON**

**BE READY!**

**MALTA  
COMMUNITY  
DAY**

**ARTS, CRAFTS  
AND GIFT FAIR**

**CAREER EXPO &  
JOB FAIR**

**HARVEST  
FAMILY FUN DAY**

**A BOUNTY OF  
CLASSES**

**AUDITION  
OPPORTUNITIES**

**AND SO MUCH  
MORE....**



CREATING COMMUNITY THROUGH  
PEOPLE, PARKS & PROGRAMS

**Register Online!**  
[www.maltaparksrec.com](http://www.maltaparksrec.com)

# Fall 2016

## Malta Department of Parks, Recreation & Human Services ADMINISTRATION OFFICE

One Bayberry Drive, Malta, NY 12020 • Phone: (518) 899-4411 • Fax: (518) 899-4448  
www.malta-town.org • Email: commctr@malta-town.org

### OFFICE HOURS

Monday - Friday 8:00am - 8:00pm & Saturdays 9:00am - 12:00pm  
Office closed: 9/5, 10/10, 11/11, 11/24, 11/25



Autumn at Malta  
Nature Preserve

### MISSION STATEMENT

To enhance the quality of life in our community, the Town of Malta Parks, Recreation & Human Services Department strives to be a leader by providing exceptional programs, facilities and services.

Dear Residents:

The Town of Malta extends a warm welcome to our new Assistant Director of Parks & Recreation, Jean Williamson.

Jean brings with her a strong background in recreation management and social services. Stop in to say hi and and share your thoughts, ideas and any suggestions you may have. Our goal moving forward is to bring a strong commitment to customer service and provide exceptional programs and facilities. We cannot get there without your input.

We are actively seeking committed, hard working people to serve as recreation specialists. A recreation specialist has a background in either sports or recreation management and supervises many of the great programs we offer. If you or someone you know is interested, contact our Assistant Director, Jean for more information.

Have a great fall,

*Andrey C. Ball*



Family and Friends enjoying  
Malta Community Day,  
an annual Fall event.  
See page 4



Sign up for the Fall classes at the Malta  
Community Center. Registration starts at  
8:00 am on  
August 1st

### DIRECTIONS

From the Northway Exit 12-  
East on Route 67 to the Route 9 roundabout (at  
the Gazebo). Follow roundabout signs to north  
on Route 9. Continue north approximately 1/2  
mile. Turn left on Bayberry Drive. The David R.  
Meager Malta Community Center is the first  
building on the left.

### REGISTRATION DATES

Registration on-line, walk-in, fax, mail &  
drop-off begins Monday, August 1, 2016 at  
**8:00am.**

All methods of registration occur simultaneously.  
Registration continues until courses are filled or  
closed. You must register at least a week prior  
to the start of any class, program or workshop.

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## STAFF DIRECTORY

Main Office	(518) 899-4411
Director - Audrey Ball	<a href="mailto:dirparksrec@malta-town.org">dirparksrec@malta-town.org</a> Ext. 303
Assistant Director - Jean Williamson	<a href="mailto:commctr@malta-town.org">commctr@malta-town.org</a> Ext. 302
Artistic Director - Elyse Young	<a href="mailto:theater@malta-town.org">theater@malta-town.org</a> Ext. 305
Youth Director - Barbara Mazurak	<a href="mailto:youth@malta-town.org">youth@malta-town.org</a> Ext. 304
Office Staff - Tracey Rivera-Cooper	<a href="mailto:trivera@malta-town.org">trivera@malta-town.org</a> Ext. 301
Office Staff - Holly Kane	<a href="mailto:hkane@malta-town.org">hkane@malta-town.org</a> Ext. 300
Office Staff - Anita Manpel	<a href="mailto:amanpel@malta-town.org">amanpel@malta-town.org</a> Ext. 300
Office Staff - Denise Rutledge	<a href="mailto:drutledge@malta-town.org">drutledge@malta-town.org</a> Ext. 300
Recreation Specialist - <b>Currently Open</b>	Ext. 300

### KEY CODES:

R = RESIDENT RATE

NR = NON-RESIDENT RATE

SRR = SENIOR RESIDENT RATE

\*See page 18 for more details.

### Instructor Opportunities:

#### Program Instructors:

We are looking for new and fun programs to offer our community. If you are interested in sharing your talent and ideas please contact Tracey Rivera Cooper at the Department office (518) 899-4411 x301.





28th Annual

FREE Admission!



## Malta Community Day

Saturday, September 10th (Rain Date: 9/11)

10:00am - 4:00pm

Shenantaha Creek Park off of Eastline Road in Malta

Fun for all ages throughout the day!

Opening Ceremonies will be held at 10:30am. Supervisor Vincent DeLucia will recognize Malta residents who volunteer on various town committees. A Volunteer Recognition Brunch is planned for 10:00-10:30am before opening ceremonies. Volunteers planning to attend should call 899-4411 to register by Tuesday, 9/6/16.

### Don't miss these attractions!

- Fire Department Displays & Demos
  - Community Organization Booths
  - Local Vendor Booths
  - Food Concessions
  - Bounce Houses & Obstacle Course
  - Pony Rides
  - Petting Zoo
  - Caricature Entertainment
  - Scarecrow Decorating Contest
  - Tae Kwon Do Demo's
  - Face Painting & Balloon Twisting
  - Photo Booth
- And so much more!

### Scarecrow Decorating Contest 2016

Visit the Scarecrow patch and vote for your favorite Scarecrow. Area residents, organizations and businesses are invited to enter a scarecrow of their making to challenge last year's winners. Prizes for 1st, 2nd, and 3rd place will be awarded in children and adult categories. Scarecrows will be on display from 10am-3pm. Come and place your vote for your favorites

**This years theme: "Myths and Monsters"**

Entry forms can be obtained at the Malta Community Center and also on line: [www.maltaparksrec.com](http://www.maltaparksrec.com)

### Musical Entertainment by:

**Keller and Cannon Musical Duo** 10:00am - 12:00pm

**Spotlight on Malta Variety Show** 12:30pm - 1:30pm

**The Reverberators** 2:00pm - 4:00pm

### Parking & Shuttle Bus Information

Parking is available and a shuttle bus runs from the Malta Community Center and the Chango School parking lot from 9:30am-4:30pm on Community Day. Park and ride is available as there is limited parking at Shenantaha Park. This is a FREE service and riding the bus is fun and economical.

Sponsored by: **The Town of Malta**

## Halloween Variety Show **EXTRAVAGANZA**

Instr: Elyse Young, Artistic Director

Actors, singers and performing artists will entertain you on the Malta Community Center Stage just in time for Halloween! This show will be suitable for all ages and is a perfect event for your family to attend together. Hosted by Malta's favorite "MC Witch", Elyse Young, this will be a "grave'ly fun show you won't want to miss.

**Friday, October 28th 7:00pm - 8:30pm**

Code: 6034 **Advanced tickets: \$5.00 / at the door tickets: \$10.00**

## Family Fun Festival

**at the Malta Community Center**

**Saturday, October 22nd  
1pm - 4pm**

Malta families are invited to join together for this special event to help celebrate Fall with these fun activities.

- **"Halloween Safety Show"** presented by Joey DiDonna, Magician at 1:15pm.
- **Children's Halloween Parade** with trick or treating at the Community Center grounds. (Children can come in their Halloween costumes)
- **Pumpkin carving** (one pumpkin per family) carving supplies will be available.
  - **Light refreshments** will be served.



**Code: 6014** Free to Malta Resident Families / \$10 per Non-Resident Families

(1 pumpkin per family. A second pumpkin can purchased for \$5.00)

**Code: 6015** Purchase of an additional pumpkin

**Registration is required by Tuesday, October 18th**

Sponsored by a grant from Global Foundries/Town of Malta Foundation

## Special Events



# MALTA CAREER EXPO

## & Job Fair

**Tuesday  
October 4th  
10AM - 4PM**



### AT THE MALTA COMMUNITY CENTER

#### For the Job Seeker:

The event is free to YOU, the job seeker, and features area employers from Southern Saratoga County and the Capital District.

Join us for a full day of break-out sessions and interactive resources to help you develop the skills you want and need to get noticed in a competitive job market.

The Malta Career Development Expo & Job Fair is a partnership between the Town of Malta, The Chamber of Southern Saratoga County, Bryant & Stratton College and The Ballston Journal Online.

#### For the Job Recruiter:

Why Exhibit at the Malta Career Expo & Job Fair?

Come to the **2016 Malta Career Development Expo & Job Fair** for a recruiter experience like no other. You will be in the heart of **NYS's fastest growing economic region** and able to network with some of the most competitive employers in Saratoga County.

**More than just your average "job fair"**, we make the day interesting and enjoyable. You will be treated to food services, a catered lunch, speed networking, extensive advertising and promotion and an exclusive training customized for HR Managers before the vendor show starts.

For more information or to register as a vendor please visit:

**<http://maltacareerexpo.com>**

## Malta Veterans Recognition Luncheon

**Thursday, October 13, 2016  
11:30am - 1:30pm**

Malta Veterans, their families and friends are invited to join us at the Malta Community Center for a buffet with refreshments and cake.

Sponsored by the  
Town of Malta and the Malta Veterans Committee.

- Free to Malta Veterans with proof of military service
- \$20 per person for family and friends

Registration required by October 9, 2016  
**Seats are limited so register early!**

Veterans...Need transportation?

Call 899-4411 by Friday, October 9 to arrange for transportation.



# Special Events



## Malta Community Center Arts, Crafts & Gift Fair

**Saturday, November 5th**  
**9:00 am - 3:00 pm**

This beautiful show is held indoors at the Malta Community Center. Showcasing many local vendors with a variety of unique items such as original art, handmade crafts, jewelry, food products, home party products, holiday gifts & much more!

**Vendor Opportunities** are available for the Malta Community Center Arts, Crafts and Gift Fair.

Vendors of handmade Arts and Crafts are invited to apply to this juried show.

Vendors of non-handmade merchandise will be considered on a juried basis.

**Booth fees** are \$50 until August 31st and \$60 until the deadline of October 29th.

Call the Malta Community Center at 899-4411 for an application.



### Santa Claus is Coming to Town

The Town of Malta Annual Holiday Party will be held at the Malta Community Center on Sunday, December 4th. This afternoon party will feature a variety of activities including a holiday singalong, a presentation by the Puppet People titled "Holiday Potpourri Puppet Fun", an opportunity to create your own ice cream sundae and also make a craft. Santa Claus will be stopping by to visit with the children.

### Santa's Mailbox

A special mailbox will be installed in the lobby of the Malta Community Center from 12/1 - 12/15 for children to mail their letters to Santa Claus. Children will receive a response back from the jolly old elf and a special Santa picture to color. Please remember to include a self addressed stamped legal size envelope.

**Code: 6013**

**Sunday, December 4 • 1:00 pm - 3:30 pm**

**Code: 6013 Min/Max: 20/100**

**Malta Residents \$5 per child**

**Non-Residents \$8 per child**

**Register your children by Thursday, 12/1**

# Youth Programs



## Makin' Music

Inst: Barbara Mazurak  
 This popular class is filled with musical fun and movement for the preschool child 18 months - 4 years old. A parent or care-giver must attend with their child. Children participate at their own developmental level. The class has mixed ages so that children, such as siblings, can enjoy the class together. The class will include a story and a craft. The program concludes with a snack. Session starting on 10/5 will conclude with a Halloween Party on the last day. Session starting on 11/9 will conclude with a Holiday Party and a visit from Santa on the last day.

**Ages: 18mo - 4yrs | Min/Max: 12/20**  
 Fee: R \$40 / NR \$44

Code	Dates	Time
1602	W: 10/5 - 11/2	9:30-10:30am
1604	W: 11/9 - 12/07	9:30-10:30am

## Creative Dance / Intro to Ballet

Inst: Roseanne Clavin  
 A fun class for 2.5 - 3 year olds to experience their first introduction to dance. This half hour long class will place an emphasis on learning basic core ballet steps and the development of gross motor skills, balance and coordination with a creative touch. Listening skills, taking turns and working as a group will also be developed. Child participates without parent. Parents are welcome to wait in the lobby outside the dance room. Ballet slippers encouraged but not required.

**Ages: 2.5 - 3 yrs | Min/Max: 8/10**  
 Fee: R \$54 / NR \$59  
 \*No class on 10/10 & 11/14/16

Code	Dates	Time
1302	M: 9/12 - 12/12*	4:00 - 4:30pm



## Beginner Tap and Ballet

Inst: Roseanne Clavin  
 This is a combination class of both tap and ballet. No dance experience necessary.

Proper dance attire including tap/ballet shoes required. A performance will conclude the twelve week session.

**Ages: 4 - 5 yrs | Min/Max: 8/12**  
 Fee: R \$107 / NR \$118

\*No class on 10/10 & 11/14/16

Code	Dates	Time
2304	M: 9/12 - 12/12*	4:30-5:15pm

**Ages: 6 - 9 yrs | Min/Max: 8/12**

Fee: R \$119 / NR \$131  
 \*No class on 11/9 & 11/23/16

Code	Dates	Time
3305	W: 9/14 - 12/14*	5:15-6:15pm

## Intermediate Tap and Ballet

Inst: Roseanne Clavin  
 This is a combination class based on age and experience. Tap and ballet technique will be taught.

Participants must have taken one session of Tap/Ballet prior to enrolling in this course. Proper dance attire including tap/ballet shoes required. A performance will conclude the twelve week session.

**Ages: 4 - 5 yrs | Min/Max: 8/12**  
 Fee: R \$107 / NR \$118

\*No class on 10/10 or 11/14/16

Code	Dates	Time
2305	M: 9/12 - 12/12*	5:15-6:00pm

## Hip Hop Bop

Inst: Roseanne Clavin  
 Kids will get moving to upbeat (and appropriate) music! Learn funky hip hop dance combinations. Students will learn the latest dance moves and incorporate their own freestyle dance to create fun dance routines. A performance will end these 12 week sessions. No experience necessary. Please wear sneakers or soft soled shoes.

**Ages: 5 - 7 yrs | Min/Max: 8/12**  
 Fee: R \$107 / NR \$118

\*No class on 10/10 & 11/14/16

Code	Dates	Time
3311	M: 9/12 - 12/12*	6:00-6:45pm

**Ages: 5 - 7 yrs | Min/Max: 8/12**

Fee: R \$107 / NR \$118  
 \*No class on 11/9 & 11/23/16

Code	Dates	Time
3312	W: 9/14 - 12/14*	4:30-5:15pm

## Hip-Hop / Jazz Combo

Inst: Roseanne Clavin  
 Dance like your favorite pop stars! In this high energy, age appropriate class kids will learn fun hip-hop techniques and jazz combinations while dancing to their favorite music. A performance will end this 12 week session. No experience necessary. Please wear sneakers or soft soled shoes.

**Ages: 8 - 12 yrs | Min/Max: 8/12**  
 Fee: R \$119 / NR \$131

\*No class on 11/9 or 11/23/16.

Code	Dates	Time
3306	W: 9/14 - 12/14*	6:15-7:15pm

# Youth Programs

## Make It Move! Lego Robotics

**NEW!**



Inst: Mary Hogan, Kids Compute

In this new program, students will use Legos, computer software, gears, pulleys, motion sensors, tilt sensors and simple drag and drop programming to create Lego models that move, make noise and respond to a stimulus. Great fun for Lego lovers!

**Ages: 6 - 10 | Min/Max: 6/10**

Fee: R \$136 / NR \$150

Code	Dates	Time
3105	Th.: 9/22 - 11/10	5:00 - 6:00pm

**NEW!**

## Creative STEM for Tweens

Inst: Mary Hogan, Kids Compute

Do you enjoy problem solving and creativity? In this program designed for 10-13 year olds, students will focus on the creativity in STEM education. They will explore engineering, technology, science and mathematics principles by creating an electrical circuit on paper that lights up part of the picture. Students will use math to design and build a pyramid, and challenge gravity with a vertical marble maze.



**Ages: 10 - 13 | Min/Max: 6/12**

Fee: R \$143 / NR \$157

Code	Dates	Time
4101	Th.: 9/22 - 11/10	6:15 - 7:15pm

## **NEW!** "Food Fun For Preschoolers" "Gingerbread Man Adventure"



Inst: Barbara Mazurak For Ages 2-5yrs.

Join us at different times of the year for this new adventure program featuring food projects and fun stories. For our first adventure, children will hear the story of "The Gingerbread Man" and then will make a gingerbread man cookie. While the gingerbread man is baking, children will make a craft project and have some musical fun. A snack of a tasty gingerbread man cookie and homemade applesauce will be the finale of this fun adventure. Children must be accompanied by an adult.

**Ages: 2 - 5 | Min/Max: 12/20**

Fee: R \$10 / NR \$12

Code	Dates	Time
6035	W: 12/14	9:30 - 11:00am



## STAYING SAFE AT HOME ALONE

Inst: Jennifer Speenburgh

When children reach an age and maturity level that parents feel comfortable leaving them at home alone, there are some basic guidelines that will teach them responsibility and keep them safe. This course is geared to provide 10 -12 year olds with the knowledge and skills needed to assume personal responsibility and stay safe while at home alone.

Participants will learn about following family ground rules such as how to handle phone calls and what to do if a stranger knocks at the door, as well as preparedness tips, recognizing emergency situations and how to handle them.

**Ages: 10 - 12 | Min/Max: 5/15**

Fee: R \$33 / NR \$36

Code	Dates	Time
4905	Sa: 9/24	9:00 - 11:30am



## CHILD & BABYSITTING SAFETY

Inst: Jennifer Speenburgh

Babysitting is not just "watching" the children, but it is being responsible for their safety and well being.

The American Safety & Health Institute "Child and Babysitting Safety" course is geared to provide 11-15 year olds with the knowledge and skills needed to be effective babysitters.

Topics covered include: decision-making and leadership principles, basic care techniques, discipline, safety and safe play. Participants will learn and practice basic first aid skills including how to respond when someone is choking, how to perform CPR and how to help someone with a sudden illness or injury.

Please bring a lunch.

**Ages: 11 - 15 | Min/Max: 4/12**

Fee: R \$41 / NR \$45

Code	Dates	Time
4904	Sa: 10/15	9:00am - 2:30pm



## Bitty Basketball Ages 5 - 6

Looking for a place to introduce your child to basketball? Sign up for this fun based instructional class! Participants will play games while learning passing, dribbling and shooting at a modified hoop height and smaller basketballs. Please wear sneakers to class.

Fee: R \$54 / NR \$60

**Ages 5 - 6 | Min/Max 5/12**

Code	Dates	Time
3625	W: 9/14 - 10/19	5:15 - 6:00pm
3665	W: 11/2 - 12/7	5:15 - 6:00pm

## Basketball Ages 6 - 8

Hit the court this summer and sharpen your basketball skills. This class will review basic fundamentals including dribbling, passing, rebounding, shooting, defense and game rules. Great for the beginner or those wanting to focus on form. Please wear sneakers to class.

Fee: R \$54 / NR \$60

**Ages 6 - 7 | Min/Max 5/12**

Code	Dates	Time
3626	W: 9/14 - 10/19	6:15 - 7:00pm
3666	W: 11/2 - 12/7	6:15 - 7:00pm

**Ages 7- 8 | Min/Max 5/12**

Code	Dates	Time
3627	W: 9/14 - 10/19	7:15 - 8:00pm
3667	W: 11/2 - 12/7	7:15 - 8:00pm



## Lil' Rockers Soccer Ages 3½ up to 5

Introduce your child to the sport of soccer in this fun filled class! Games and activities will get your child moving and learning the basics of kicking and scoring. A parent or caregiver must be present for this class. Please wear sneakers.

Fee: R \$54 / NR \$60 \*No class on 10/4

**Pre-K (3 ½ up to 5) | Min/Max 5/12**

Code	Dates	Time
2703	Tu: 9/13 - 10/25*	5:15 - 6:00pm
1700	Tu: 11/8 - 12/13	5:15 - 6:00pm

## Rockin' Soccer Ages 5-7

This program is for the player at any level to develop skills and have fun with the sport. Throughout the session the players will engage in a variety of soccer related games to improve their touch on the ball. Skills such as passing, shooting & dribbling will be taught each week. Students should wear shin guards and sneakers to class.

Fee: R \$54 / NR \$60 \*No class on 10/4

**Ages 5 - 7 | Min/Max 5/12**

Code	Dates	Time
3623	Tu: 9/13 - 10/25*	6:15 - 7:00pm
3664	Tu: 11/8 - 12/13	6:15 - 7:00pm

# Youth Programs



## Teeny Tennis

Teeny Tennis is designed for your 5 - 6 year old to learn tennis basics with the use of adapted balls. This noncompetitive and fun environment will enable your child to develop hand-eye coordination and fundamental sport knowledge. Teeny Tennis will build a solid foundation for this lifetime sport! Please bring an age appropriate tennis racquet, sneakers and water.

Fee: R \$54 / NR \$60

**Ages: 5 - 6yrs | Min/Max: 4/6** \* No class on 10/10

Code	Dates	Time
3628	M: 9/12 - 10/24*	5:15 - 6:00pm
3662	M: 11/7 - 12/12	5:15 - 6:00pm

## Terrific Tennis

This class is a great introduction to the game of tennis. A sport where hand-eye coordination, speed and agility are developed. Emphasis will be on motor skills, racquet skills and game structure appropriate to the developmental age. Please bring an age appropriate tennis racquet, sneakers and water.

Fee: R \$54 / NR \$60

**Ages: 7 - 8yrs | Min/Max: 4/8** \* No class on 10/10

Code	Dates	Time
3629	M: 9/12 - 10/24*	6:15 - 7:00pm
3663	M: 11/7 - 12/12	6:15 - 7:00pm

Registration begins at  
8:00am on  
Monday, August 1st!

## MEET YOUR TOWN BOARD at the Malta Community Center

**MALTA TOWN BOARD**  
 Vincent DeLucia, Supervisor  
 John Hartzell, Councilperson  
 Maggi Ruisi, Councilperson  
 Craig Warner, Councilperson  
 Timothy Dunn, Councilperson

One of the board members listed above will be available each month.

A Town Board member will hold regular public office hours at the David R. Meager Community Center on the third Saturday of August, September, October and November.

**Time:** 9:00am - 11:00am  
**Where:** Malta Community Center,  
 One Bayberry Drive, Malta



## Get Out! Photo Contest

**Deadline for entries is  
September 19th  
Call 899-4411 for info or for**

**an application.  
Send entries to:  
Audrey Ball  
1 Bayberry Dr.  
Malta, NY 12020  
e-mail dirparksrec@malta-town.org**

# Youth Programs

Go Kids is the Capital Region's only multi-sport and exercise program specifically designed for children ages 2-6. You'll find Go Kids every **Monday & Saturday mornings** running and jumping at the Malta Community Center. Go Kids' sports and fitness activities **teach preschoolers the fundamentals of 7 different sports in a social, team based, non-competitive environment.** Go Kids seeks to promote a healthy lifestyle, help develop a lifelong passion for physical activity, decrease childhood obesity, increase confidence and prepare children for participation in school and the broader community.

**To Register:** [www.123gokids.com](http://www.123gokids.com) or call 518.415.2525.

**Ages: 2 - 3yrs Mondays or Saturdays 10:00am - 10:45am**  
New classes start Mondays 9/12 & 10/31/ Saturdays 9/10 & 10/29

**Ages: 3 -6yrs Mondays or Saturdays 11:00am - 11:45am**  
New classes start Mondays 9/12 & 10/31/ Saturdays 9/10 & 10/29



## Go Kids Home School Gym

The Go Kids Home School PE class provides a safe and positive physical education experience for home-schooled children. Children of all skill and fitness levels are invited to have fun and keep their bodies moving.

The aim is to help children improve their physical skills, enjoy fitness and build their confidence in a structured, non-competitive environment. Go Kids goal is to provide an atmosphere in which children of varying ages can come together and learn physical skills that will lead them to a lifetime of health, fitness and fun.

**To Register:** [www.123gokids.com](http://www.123gokids.com) or call 518.415.2525

**Ages: 4 - 11yrs Fridays 1:00pm - 2:00pm**  
New classes start 9/9 & 10/28

## BIRTHDAY PARTY PACKAGES AT THE MALTA COMMUNITY CENTER



**Packages** are available for guests ages 4-14 on Saturdays from 11:00am to 1:00pm or 12:00pm to 2:00pm.

### Birthday Party Includes:

- Use of party room complete with tables and chairs for the full 2 hours.
- Table decorations (based on your chosen color).
- Use of 1/2 of the gymnasium for 1 hour.
- Use of specified sports and recreational equipment for party games and activities.  
(Ideas for games and activities can be provided.)

Equipment available for use: Basketballs, Soccer Balls, Cones, Hoops, Jump Ropes, Bean Bags, Buckets, Parachute, Kick Balls, Dodge Balls, Balance Beam, Target Tosses, Frisbees, "Soft" Indoor Baseball and Flag Football.

### Fees:

Small groups of 10 or less guests     \$125  
Standard groups of up to 25 guests     \$150

Call (518) 899-4411 ext 302 for more info and availability.

# Theater Programs

## Acting & Performance Academy

Inst: Elyse Young, Artistic Director

More than an acting class, this is a full theatrical experience in a small group setting! Twelve students per age group will study acting with Artistic Director, Elyse Young, on the stage at the Malta Community Center. These classes will foster interest in acting and performing. Both classes will work on a skit, complete with costumes, scenery and character development that will be performed on the last day of class. Students will play theater games, work on their stage presence, performance styles, vocal and acting techniques. Each class will also prepare a song that will have a Halloween theme and have an opportunity to perform with the group again on Friday evening October 28th as part of a **Halloween Variety Show Extravaganza**.

**Ages 5 - 8 yrs | Min/Max: 8/12 \*Skip date: 10/12**

Code	Dates	Time	Fee: R/NR
3405	* W: 9/7 - 10/26	4:30pm - 5:30pm	\$70 / \$77

**Ages 9 - 12 yrs | Min/Max: 8/12 \*Skip date: 10/11**

Code	Dates	Time	Fee: R/NR
4401	* Tu: 9/6 - 10/25	4:30pm - 5:30pm	\$70 / \$77



## Audition Opportunities

### Variety Show Auditions

**“Spotlight on Malta” is looking for you!**  
Auditions for singers, dancers, musicians, small bands, comedians and other variety acts of all ages will be held by appointment only on Sunday, August 21 and Monday, August 22, for a Variety Show format on our stage during the Malta Community Day celebration, Saturday, September 10th. For an appointment see below.

### “A Fairytale Christmas Carol - The Musical

Auditions for this family-friendly musical that's full of holiday spirit are being held at the Malta Community Center Sunday, September 11 or Monday, September 12 from 6:00pm-8:30pm. Actors, actresses, singers and dancers ages 7 through adult are needed to play over 30 fairytale characters as they take on a new role to retell this adaptation of *A Christmas Carol*.

**For an audition or more details contact:**  
**Elyse Young, Artistic Director at:**  
theater@malta-town.org or call 899-4411x 305  
(More appointment dates maybe available.)

## TEEN / ADULT ACTING CONSERVATORY

Inst: Elyse Young, Artistic Director

Actors will be working on concentrated acting skills, character analysis and scene work. Students will also focus on speech and vocal techniques while working on a group song. Sessions will also include stage makeup technique, movement for the stage and comic timing. Experience isn't necessary but a serious interest in acting for the stage is required. Students will be showing what they have learned throughout the session and will have an opportunity to perform on Friday evening October 28th, as part of a **Halloween Variety Show Extravaganza**.

**Ages: 13 yrs - Adult | Min/Max: 6/12 \*Skip date 10/12**

Code	Dates	Time	Fee: R/NR/SR
4404	* W: 9/7 - 10/19	6:00pm - 7:00pm	\$60 / \$66 / \$30

## A Fairy Tale Christmas Carol

### The Musical

Perfect for the holiday season, the first 50 children signed up with a registered adult will receive a FREE TICKET to “A Fairytale Christmas Carol for the Saturday December 10th matinee performance at 2pm.

*Announcing:*  
MALTA'S  
**SPOTLIGHTER'S THEATRE TROUPE**  
AWARDED  
STEWART'S  
HOLIDAY  
MATCH  
GRANT!

Dec. 10 & 11

Advanced tickets: \$10  
Door tickets are \$15  
(Door tickets are not eligible for the free ticket offer.)

Code	Date	Time
6036	Saturday Matinee	2pm
6037	Saturday Night	7pm
6038	Sunday Matinee	2pm

# Adult Programs

## Drop-in Gym Opportunities

**Adult Drop-In Basketball**  
Want to play some ball? Get your friends together for some exercise and fun. Enjoy a game of pick-up basketball in the gymnasium. Picture ID required to verify age and residency. Please wear clean, dry gym shoes.

\*Gym schedule subject to change.  
**Ages: 18+**  
Fee: R \$3 / NR \$4 per drop in

Dates	Time
F: 9/12 - 11/18*	6:00-8:00 pm

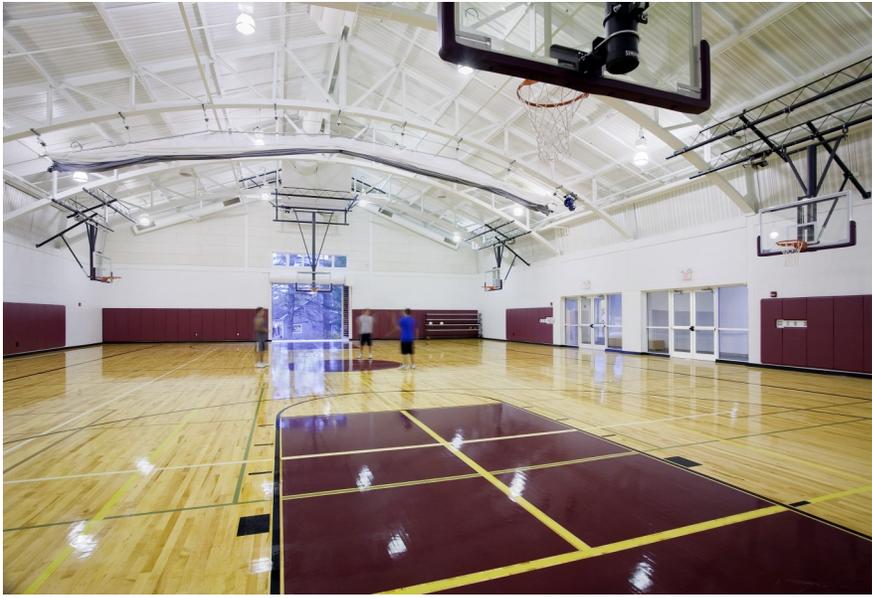
\* No Basketball on:  
11/4 & 11/11

**Indoor Walking Program**  
A free indoor walking program for adults of all ages takes place in the Center's gymnasium. The walking program provides adults an indoor setting for regular exercise as well as opportunities to meet and talk with others. There is no charge and registration is not necessary. Please wear clean, dry, soft-soled walking shoes or tennis shoes.

\*Gym schedule subject to change.  
**AM Walk - 8am - 9am M - F**  
**Lunch Walk - 12pm - 1pm M - F**

**15 laps around the perimeter of the gymnasium floor is equal to 1 mile in distance.**

**Registration begins at 8:00am on Monday, August 1st**



Looking for a place to play basketball, volleyball, soccer or for team practice space?

The Malta Community Center is taking Fall reservations for the *Gerald E. Winters Gymnasium*, now with a new more affordable rental fee structure!

The gymnasium features wood floors, is air conditioned and is lined for full court basketball and volleyball. Other sports such as pickle ball, tennis, badminton and soccer can be played. The gym can also be divided into half courts by using the suspended curtain.

Rentals can be conducted Monday - Friday 8:00 am - 9:00 pm or Saturdays 9:00 am - 2:00 pm when available.

Rent either the whole gymnasium or 1/2 of the gymnasium.

Call 899-4411 for rates, availability and reservation requirements.

**Open Gym Schedule**  
Free open gym times are available at the Malta Community Center Gerald R. Winters Gymnasium. Times are listed for different age groups.  
Please bring your own gym appropriate equipment. Sign in at the front desk. Please wear clean, dry gym shoes. The current gym schedule can be found at [www.maltaparksrec.com](http://www.maltaparksrec.com).  
\*Gym schedule subject to change.

# Adult Programs

## GOLF INSTRUCTION FOR BEGINNERS & INTERMEDIATES

Inst: Charles R. Veeder Jr.

This class will provide introductory and intermediate training in the sport of golf. Clinics are intended to provide a solid foundation for learning the game of golf for beginner golfers and anyone who wants to improve their swing techniques. Lessons will take the student from grip, stance, posture, etiquette and methodology to learn an effective golf swing. We will use new innovative equipment to teach the mechanics of the golf swing.

(Young adults must have sufficient strength to swing a 12 ounce golf club.)

**Ages: 15+ | Min/Max: 5/16**



Code	Dates	Time	Fee: R/NR/SRR
5712	Th: 9/8 - 10/6	6:30 - 8:00pm	\$70 / 77 / 35



# BE READY *PrepareAthon!*

Take part in  
The Town of Malta's  
PrepareAthon!  
for Winter Storm Safety.

**Thursday, September 22, 2016 7:00 pm**

**Malta Community Center  
One Bayberry Drive  
518-899-4411**

Sponsored By



GLOBALFOUNDRIES

GLOBALFOUNDRIES / Town of Malta Foundation, Inc.

The first 100 registered people who attend will receive a free backpack with emergency items such as an AM/FM radio, an emergency blanket, flashlight, batteries, food, water and many more items.



# Adult Programs

## BEGINNING YOGA

Inst: Julie Lindenbaum

Beginning Yoga is designed to meet the needs of those new to yoga as well as those seeking continued understanding of basic yoga poses. We will practice yoga with step-by-step verbal description and demonstration. We will explore the interaction between the mind and body and the relaxation that results. This class is open to all participants (with the ability to move among reclined, seated, kneeling and standing positions unassisted). Please bring a yoga mat. (Younger teens may enroll with a parent.)

**Ages: 16+ | Min/Max: 6/12**

Code	Dates	Time	Fee: R/NR/SRR
5112	W: 8/31 - 10/5	5:20 - 6:20pm	\$66 / 73 / 33
5113	W: 10/19 - 11/23	5:20 - 6:20pm	\$66 / 73 / 33

## YOGA FLOW

Inst: Julie Lindenbaum

Balance and strength result from attention to breath as we move through our yoga practice. The basic postures introduced in Beginning Yoga will serve as our foundation for each class sequence. Modifications are suggested as needed. Some yoga experience is helpful, although not required. Open to everyone (with the ability to move through seated, standing, kneeling and reclined positions unassisted). Please bring a yoga mat and your positive energy!

**Ages: 16+ | Min/Max: 6/12**

Code	Dates	Time	Fee: R/NR/SRR
5118	W: 8/31 - 10/5	6:30 - 7:30pm	\$66 / 73 / 33
5157	W: 10/19 - 11/23	6:30 - 7:30pm	\$66 / 73 / 33



## Classical Hatha Yoga

Inst: Antoinette DiMascio

This classical Hatha Yoga class will challenge the beginner/intermediate yoga practitioner. Students will experience yoga in a new way. Focusing on graceful fluid movements and held poses/stretches, students will increase strength and stamina with these fun flow sequences. Appropriate breathing techniques and teacher adjusts and assists will be incorporated to allow the student to deepen their practice. Learn proper poses, tone muscles, build strength, gain increased flexibility, apply meditation and breath work. Leave feeling balanced, grounded and at peace. No previous experience needed. Open to everyone (with the ability to move through seated, standing, kneeling and reclined positions unassisted).

Please bring a yoga mat and strap.

**Ages: Adult | Min/Max: 6/15**

Code	Dates	Time	Fee: R/NR/SRR
5133	F: 9/23 - 10/28	8:30 - 9:30am	\$50 / 55 / 25
5135	F: 11/18 - 12/30	8:30 - 9:30am	\$50 / 55 / 25



## Sun Style Tai-Chi

Inst: Anthony Grimaldi

Sun Style Tai Chi is a unique form of Tai Chi where the student can learn co-ordination, balance and breathing all within this short form. Great for the beginner and the advanced student.

Please wear loose comfortable clothing to class.

**Ages: 16+ | Min/Max: 8/12**

Code	Dates	Time	Fee: R/NR/SRR
5300	Tu: 10/4 - 11/8	6:30-7:30pm	\$43 / 47 / 21.50

## See Our Wellness Opportunities!

Be A Better & Healthier You....Page 24

Therapeutic Chair Yoga....Page 21

# Adult Programs

## PIYO® LIVE

Inst: Audeliz Matias

Ready to find your flex appeal? PiYo® is a music driven, athletic workout inspired by the mind/body practices of Pilates and Yoga that also includes flexibility training, strength training, conditioning and dynamic movement. It includes modifications for less challenge or more challenge, yet offers exercise progressions to challenge all levels. No weights. No jumps. Participants will need to bring a yoga mat, water bottle and wear clothing that is comfortable yet functional.

**Ages: 16+ | Min/Max: 6/15**

Code	Dates	Time	Fee: R/NR/SRR
5136	Sa: 9/10 - 10/15	9:15 - 10:15 am	\$50 / 55 / 25
5137	Tu: 9/13 - 10/18	6:30 - 7:30pm	\$50 / 55 / 25
5159	Tu: 11/1 - 12/6	6:30 - 7:30pm	\$50 / 55 / 25



## GUTS N' BUTTS - CORE TRAINING

Inst: Janice Pastizzo, M.A.

Strengthen your core muscles (abdominals, buttocks, back, hips and chest) in this non-aerobic floor workout. In this class we will use the big fitness ball, dyna-bands, weights, noodles and the small playball as we perform resistance exercises to firm and tone the core. Each class will end with total body stretching. Bring a floor mat.

**Ages: Adults | Min/Max: 9/14**

Code	Dates	Time	Fee: R/NR/SRR
5012	W: 9/14 - 10/12	9:00 - 10:00am	\$40 / 44 / 20
5013	W: 10/19 - 11/16	9:00 - 10:00am	\$40 / 44 / 20
5014	W: 11/30 - 12/21	9:00 - 10:00am	\$32 / 35 / 16

## 20-20-20 CARDIO, STRENGTH, FLEXIBILITY

Inst: Janice Pastizzo, M.A.

Add variety to your workouts! Get energized, toned and stretched out! Twenty minutes each of cardiovascular fitness, strengthening and total body stretching all in one class. You will look and feel healthy and fit. Bring a dynaband, water and a floor mat.

**Ages: Adults | Min/Max: 9/14** No class on 10/10

Code	Dates	Time	Fee: R/NR/SRR
5006	M: 9/12 - 10/17*	9:00 - 10:00am	\$40 / 44 / 20
5007	M: 10/24 - 11/21	9:00 - 10:00am	\$40 / 44 / 20
5008	M: 11/28 - 12/19	9:00 - 10:00am	\$32 / 35 / 16
5043	Tu: 9/13 - 10/11	8:45 - 9:45am	\$40 / 44 / 20
5044	Tu: 10/18 - 11/15	8:45 - 9:45am	\$40 / 44 / 20
5045	Tu: 11/29 - 12/20	8:45 - 9:45am	\$32 / 35 / 16
5009	Th: 9/15 - 10/13	9:00 - 10:00am	\$40 / 44 / 20
5010	Th: 10/20 - 11/17	9:00 - 10:00am	\$40 / 44 / 20
5011	Th: 12/1 - 12/22	9:00 - 10:00am	\$32 / 35 / 16

## SIMPLE MEDITATION FOR EVERYDAY STRESS

Inst: Janice Pastizzo, M.A.

Experience the mind/body benefits of simple meditation. In this 30 minute class led by Janice Pastizzo, M.A. you will practice mindfulness, breathe deeply, let go of stressors, increase mental clarity and feel totally relaxed! Improve your physical, mental & emotional health and well being. Bring a blanket and pillow to class.

**Ages: Adult | Min/Max: 9/10** No class on 10/10

Code	Dates	Time	Fee: R/NR
5027	M: 9/12 - 10/17*	10:15 - 10:45am	\$20 / 22
5028	M: 10/24 - 11/21	10:15 - 10:45am	\$20 / 22
5029	M: 11/28 - 12/19	10:15 - 10:45am	\$16 / 18
5046	Tu: 9/13 - 10/11	10:00 - 10:30am	\$20 / 22
5047	Tu: 10/18 - 11/15	10:00 - 10:30am	\$20 / 22
5048	Tu: 11/29 - 12/20	10:00 - 10:30am	\$16 / 18
5030	Th: 9/15 - 10/13	10:15 - 10:45am	\$20 / 22
5031	Th: 10/20 - 11/17	10:15 - 10:45am	\$20 / 22
5032	Th: 12/1 - 12/22	10:15 - 10:45am	\$16 / 18

# Adult Programs



Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music and find yourself in shape at the original dance-fitness party. Zumba® classes feature exotic rhythms set to high energy Latin and international beats. Before you know it, you'll be getting fit and your energy levels will be soaring! It's easy to do, effective and totally exhilarating.

**Ages: 18+ | Min/Max: 8/25** \*No class on 11/24 & 12/1

Code	Dates	Time	Fee: R/NR/SRR
5219	Th: 9/8 - 10/13	6:00-7:00pm	\$48 / 53 / 24
5220	Th: 11/3 - 12/15*	6:00-7:00pm	\$41 / 44 / 20.50

## Zumba Gold®

Inst: Bernadette Knight

This easy to follow program that lets you move to the beat at your own speed. It's an invigorating, community oriented dance fitness class that feels fresh and most of all exhilarating! Zumba Gold classes provide modified, low-impact moves for active older adults. This program includes dancing the merengue, salsa, belly dance, flamenco and tango over a sixty minute time period.

**Ages: Adult | Min/Max: 7/25** \*No class on 11/22 & 11/24

Code	Dates	Time	Fee: R/NR/SRR
5215	Tu: 9/20 - 10/25	10:00-11:00am	\$43 / 47 / 21.50
5216	Tu: 11/8 - 12/13*	10:00-11:00am	\$36 / 39 / 18
5217	Th: 9/22 - 10/27	10:30-11:30am	\$43 / 47 / 21.50
5218	Th: 11/10 - 12/15	10:30-11:30am	\$36 / 39 / 18

## Zumba Gold - Toning®

Inst: Bernadette Knight

Zumba Gold - Toning takes the basic Zumba Gold dance fitness party and adds in light weights. This unique combination of cardio and dynamic resistance exercises incorporates progressive light weight training to improve overall performance. Zumba Gold -Toning class is an effective, full - body workout specifically created for the active older adult, the beginner participant and other special populations that may need modifications for success.

**Ages: Adult | Min/Max: 7/25** \*No class on 11/22

Code	Dates	Time	Fee: R/NR/SRR
5241	Tu: 9/20 - 10/25	11:15am-12:00pm	\$43 / 47 / 21.50
5242	Tu: 11/8 - 12/13*	11:15am-12:00pm	\$36 / 39 / 18



## FREE BEGINNER DANCE LESSON WITH SPA CITY SWINGERS

Come check out different styles of partner dances and see what makes it so much fun! No partner necessary but pre-registration is! So call 899-4411 or logon [www.maltaparksrec.com](http://www.maltaparksrec.com) to reserve your spot!

**Ages: 13+ | Min/Max: 6 / 80**

Code	Dates	Time	Fee
5509	F: 9/9	7:00-8:00pm	FREE

## BEGINNING PARTNER DANCING

Inst: Aaron Romano, Spa City Swingers

Have two left feet? Always sitting on the sidelines? This course will get you comfortable on the dance floor no matter the song or the event! See how easy and fun dancing can be. No partner necessary! Drop-in anytime for \$15 per class (class minimum must be met) or register for the complete course and save money!

**Ages: 15+ | Min/Max: 6/30**

Drop-in \$15 per class.

Code	Dates	Time	Fee: R/NR/SRR
5510	F: 9/16- 10/21	6:30-7:30pm	\$60 / 66 / 30

## SWING & SALSA FUSION

Inst: Aaron Romano, Spa City Swingers

This six week course for the intermediate to advanced dancer will take students to a new level. Learn the basics of salsa dancing moves and learn to incorporate them into swing dance. Drop-in anytime for \$15 per class (class minimum must be met) or register for the complete course and save money!

**Ages: 15+ | Min/Max: 6/30**

Drop-in \$15 per class.

Code	Dates	Time	Fee: R/NR/SRR
5504	F: 9/16 - 10/21	7:30-8:30pm	\$60 / 66 / 30

# Adult Programs

## Step-by-Step Watercolor

**NEW!**

Inst: Eva Marie Loucks

This class is a step-by-step introduction to watercolor painting. Projects will be designed to be completed during class time, with class demonstrations of various techniques. No experience necessary. Materials are not included, please obtain a materials list upon registration.

Code	Dates	Time	Fee: R/NR/SRR
5433	Th: 9/8 - 10/6	12:30-2:30pm	\$51 / 56 / 25.50
5434	Th: 10/20 - 11/17	12:30-2:30pm	\$51 / 56 / 25.50

## Watercolor

Inst: Eva Marie Loucks

In this inspiring art class, explore the world of watercolor painting as you experiment with paints, brushes and various watercolor techniques. Work from subject matter such as still life, landscapes, floral, abstraction or any other subject matter that truly inspires you. All levels welcome. No artistic background necessary. Materials are not included, please obtain materials list upon registration.

**Ages: Adult | Min/Max: 5/21**

\*No class on 11/23

Code	Dates	Time	Fee: R/NR/SRR
5409	W: 9/7 - 10/5	9:30-11:30am	\$57 / 63 / 28.50
5410	W: 10/19 - 11/16*	9:30-11:30am	\$57 / 63 / 28.50

## Acrylic Painting

Inst: Eva Marie Loucks

Explore acrylic painting. Learn various techniques creating beautiful painting, still life, landscapes, floral and abstracts. All levels welcome. No experience necessary. Materials are not included, please obtain materials list upon registration.

**Ages: Adult | Min/Max: 5/15**

Code	Dates	Time	Fee: R/NR/SRR
5431	Th: 9/8 - 10/6	9:30 -11:30am	\$51 / 56 / 25.50
5432	Th: 10/20 - 11/17	9:30 -11:30am	\$51 / 56 / 25.50

## Watercolor Paint-n-Share

Join us this Fall for a program which provides a unique opportunity to work Independently in the company of other artists. Bring your own supplies and get ready to create! No formal instruction provided.

**Ages: Adult | Min/Max: 5/20**

Fee: R \$15 / NR \$16.50

\$10 discount if taken with any Watercolor class. Must register in person to receive discount.

Code	Dates	Time
5419	W: 9/7 - 10/5	12:00 - 2:00pm
5420	W: 10/19 - 11/16	12:00 - 2:00pm



**Registration begins at  
8:00am on Monday,  
August 1st!**

### ARTWORK EXHIBIT AT THE MALTA COMMUNITY CENTER

Did you know that the Malta Community Center has long been a place that displays works of local artists? Each month a new exhibit can be found in the hallways of the Center. Take some time to view these talented artists' work; you just might find out that it's your neighbor!

# Adult Programs



## Introduction to the Art of Zentangle®

**Inst:** Melissa Hoopes, Certified Zentangle Instructor  
 Zentangle® is an easy-to-learn method of placing pen to paper which will delight you and benefit your well-being. This method of drawing images from repetitive patterns offers fun and relaxation, while creating beautiful works of art. You do not need drawing experience to learn to “tangle.” In this workshop, you will be guided through the basic steps and learn many different tangle patterns. Class fee includes a mini-kit of Zentangle tools to continue your practice at home.

**Ages: Adults & Children 10+ | Min/Max: 6/15**  
**Fee:** R \$47 / NR \$51 / SRR \$30

Code	Dates	Time
5414	W: 9/21	6:00-8:30pm



## DEFENSIVE DRIVING COURSE

**Inst:** Jeremy Lebediker

Are you looking for ways to save money? Would you like to automatically save 10% on your auto insurance for the next three years?

When you take this 6 hour class, state law requires all insurance companies to provide a 10% reduction for three years. You'll also reduce 4 points on your DMV record.

This course is certified by the Empire Safety Council and is NYS DMV approved. **NO TESTS!**

Drivers must have a NYS driver license or permit to participate.

**Ages: 16+ | Min/Max: 5/40**  
**Fee:** R \$30 / NR \$33

Code	Dates	Time
5909	Sa: 9/10	9:00am-3:00pm
5910	Sa: 10/22	9:00am-3:00pm

## FOLK ART NECKTIE CHAIR WORKSHOP



**Inst:** Margaret Seeley  
 In this one day workshop you will learn to sew neckties together and weave them into a chair seat to complete a beautiful folk art project. All supplies & chair will be provided by the instructor. Please bring your sewing machine, thread and scissors. There will be a finished chair on display at the Malta Community Center front office.

Code	Dates	Time
5429	Tu: 10/18	9:00am-4:00pm

## AARP SMART DRIVER COURSE

**Inst:** Muriel True

This all new research based refresher course is specifically designed for older drivers. Participants will learn safety strategies; understand links among drivers, vehicles and road environment; learn how aging and health related issues affect driving and how to adjust to make driving safer.

Pre-registration is required by calling 899-4411. A \$20 fee for AARP members (\$25 for non-members) is due the first day of class. Checks are required and should be made out to AARP. This is a two day class.

**Ages: 50+ | Min/Max: 10/35**

Code	Dates	Time
5908	M & Tu: 10/17 & 10/18	9:00am-12:30pm

# Adult Programs

**BE A BETTER & HEALTHIER YOU** **NEW!**  
 Inst: Ariffa Bevin, Revival Health Coach  
 Being healthy doesn't have to be hard, expensive, or unrealistic. The "Be a Better & Healthier You" course will provide you with the knowledge and tools that you need to start, restart, or maintain your healthy lifestyle. This class will teach you the important facts about nutrition, exercise, goal setting, having a strong mindset and much more. If you're sick of dieting or just need an education on a healthy lifestyle, this class is for you.  
**Ages: 18+ | Min/Max: 7/15**  
**Fee: R \$39 / NR \$43 / SRR \$19.50**

Code	Dates	Time
5926	Sa: 10/8 -10/29	10:00-11:30am

**THERAPEUTIC CHAIR YOGA** **NEW!**  
 Instr: Linda McGraw, RN LVCYT  
 Therapeutic Chair Yoga classes encourage health and fitness for active people and for those whose physical condition, restricted mobility, or age limits their participation in a conventional form of exercise.  
 Each pose will be presented in multiple levels of flexibility allowing everyone to experience the union of body, mind and spirit that is the true meaning of yoga. Each participant will receive individual attention and instructions for a safe home practice. Increase your strength, flexibility, balance, bone density and confidence, while reducing pain and stress and having fun. Wear comfortable clothing and bring water to drink.  
**Ages: 18+ | Min/Max: 5/10**  
**Fee: R \$60 / NR \$66 / SRR \$30**



Code	Dates	Time
5160	F: 9/9 –10/14	10:30-11:30am
5161	F: 10/28 - 12/16*	10:30-11:30am

\*No class on 11/11 & 11/25

**You Can Save A Life!**  
**Free**  
**One Hour Training in Heroin/Opioid Overdose Prevention**

- Learn the signs and symptoms of heroin and opioid overdose.
- Learn how to use NARCAN nasal spray to respond to an overdose situation.
- Receive a FREE Intranasal Naloxone (NARCAN) kit to carry and use.

**Monday, October 24, 6-7:00 pm**  
**Malta Community Center**  
**One Bayberry Drive**  
**Malta, New York 12020**

To register or for more information contact  
**The Prevention Council at 581-1230 x 3632** or  
[ccfw-pfs@preventioncouncil.org](mailto:ccfw-pfs@preventioncouncil.org)  
 Walk-ins welcome



**Seeking Tax Assistance Volunteers**

TaxAide, the free income tax assistance program sponsored by AARP foundation and the IRS, is seeking volunteers for the coming tax season.

TaxAide volunteers answer questions, prepare and file returns for low to moderate income taxpayers and seniors from February 1 to April 15 at various sites in the Capital Region.

Volunteers typically participate one day per week and no experience is required, but computer experience is helpful for tax counseling.

For further information, visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide) or contact Communication Coordinator Gail Carroll at 518-541-3173 or at [gcarrollaarp@gmail.com](mailto:gcarrollaarp@gmail.com).

# Adult Programs

## Malta Community Park

BRING YOUR EXPERIENCES, IDEAS, CHILDREN TO HELP US DESIGN AND IMPROVE THIS HIGHLY USED RECREATIONAL RESOURCE.

Please join us at:

**Malta Community Center**

**One Bayberry Drive**

**Thursday, July 28, 2016**

**At 7:00 PM**

**UNDER CONSTRUCTION**  
 WILL BE AVAILABLE SOON



Plans are to design this park as a nature play area. Nature play gets children outdoors and engaged with nature in a managed or modified outdoor area. Nature play areas contain natural elements designed to allow children to climb, run, build, play in the dirt and enjoy nature in its natural state. Opened in 1993, the Malta Community Park is our oldest park. Renovations to this facility will reduce maintenance costs, create appropriate storm water facilities, provide accessibility and expand an opportunity for nature play and learning places.

**COME AND SHARE YOUR IDEAS!**

# Human Services



## FOOD PANTRY

The number of people who need assistance in our community has increased in recent years; the Malta Community Center

is here to help. Our goal is to increase access to nutritious food for those in need.

Our hours are 8:00am - 8:00pm Monday through Friday and 9:00am - 12:00pm on Saturday. Come pick up a bag of groceries to pull you and your loved ones through. Food donations are also accepted during these times. Shelf stable products packed with protein are always needed. Start solving the problem of hunger in your community.

## SERVICES FOR SENIORS

The Saratoga County Office for the Aging is our local office that plans, develops and supports in-home and community services for local Senior Citizens. To learn more about the services offered by Saratoga County and the State of New York, call 884-4100 or stop in at 152 West High Street in Ballston Spa.

## DELIVERED FOOD PROGRAM

The Home Delivered Meals of Saratoga County is in URGENT need of volunteers to deliver meals to the homebound elderly in your community.

For more information or to volunteer, call Billie Joe or Carmella at 363-4020 or 363-4033.

# American Red Cross



**Blood Drive at the  
Malta Community  
Center**

**Dates to be  
announced.**

## HEALTH SCREENING

In this screening provided by Saratoga Public Health have your cholesterol, blood pressure and blood sugar checked. Call 899-4411 to schedule an appointment.

**Ages: Adult**

Monday, Oct. 17 10:00am- 12:00pm  
(by appointment)  
Free of charge

## SENIORS COMMUNITY DINING

Hot nutritious lunches are served daily, Monday-Friday at noon at the Malta Community Center for those ages 60 and up.

Reservations must be made by noon the day before by calling 899-4411.

## LEGAL SERVICES

Sponsored by the Office For the Aging, this program is for Saratoga County residents age 60 or over. Call 884-4100 for an appointment to meet with a private attorney at the Malta Community Center. Dates that legal services will be provided at the Malta Community Center are 9/7, 10/12 and 11/9/2016.



## Volunteer Opportunities

Enhance your life while helping others at The Town of Malta. Volunteers are needed for special events and programs. This is a great opportunity to get involved in the community or get service hours for school or other organization requirements. Individuals must be 13 years of age to independently volunteer. Youth younger than 13 may require a parent or adult leader to accompany them.

Special Event Assistants are needed for the following upcoming programs:

**Malta Community Day/ Sept. 9 (Rain date Sept. 10)**

**Family Fun Festival/ Oct. 22**

**Halloween Variety Show Extravaganza/ Oct. 28**

If you are interested in volunteering for events or programs please call the Malta Community Center at 899-4411 or email [commctr@malta-town.org](mailto:commctr@malta-town.org). Your help is appreciated!

## Calling All Artists

The Town of Malta Department of Parks, Recreation & Human Services relies on artists to provide quality instructors for its cultural arts programs and classes. The Malta Community Center is looking for talented artists to complement current programs and classes.

Independent contractors who love to share their gift with others in a class or workshop setting are sought. Painting, jewelry making, photography...the possibilities are endless!

Independent contractor proposal information and submission packets are available online at [www.maltaparksrec.com](http://www.maltaparksrec.com).

# Registration Info

## 5 Ways to Register.....

### 1. MAIL IN

Mail the registration form on the following page and your payment to:

**Class Registration,  
Malta Community Center**

One Bayberry Drive Malta, NY 12020.



### 2. WALK IN

Register in person at the Malta Community Center.

Monday-Friday 8:00am to 8:00pm

Saturdays 9:00am - 12:00pm

We accept cash, check, Visa and MasterCard.

### 3. AFTER HOURS DROP OFF

Drop off your registration form and fees in our After Hours Night Drop Box located at the parking lot side of the Center.

### 4. FAX: 899-4448

Fax the signed and completed registration form with credit card information to (518) 899-4448. We accept MasterCard or Visa.

### 5. ON - LINE

Register on-line at:

[www.maltaparksrec.com](http://www.maltaparksrec.com)

We accept MasterCard, Visa and Discover.

## Online Registration! [www.maltaparksrec.com](http://www.maltaparksrec.com)

NO CONVENIENCE FEES!  
SETUP YOUR ACCOUNT AND  
THEN REGISTER ONLINE!

No need to wait in line or send your form in the mail. You can register in the comfort of your own home any time, day or night. Of course, you are always welcome to utilize the 4 other ways to register too.

Here are the easy to follow steps to setup your online account and get started!

### Online Registration Instructions:

- Navigate to: [www.maltaparksrec.com](http://www.maltaparksrec.com)
- Select the link "Create an Account." if you have not registered online before. To get started, input information to complete your household account.
- After your account has been approved you will be eligible to enroll in activities online.

### To register:

- Log in to your account.
- Click on, or place your cursor over, the Browse Activities link at the top of the screen and select a program of interest.
- Click "Choose Member" then select a member from the list that appears. This will allow you to add activities to the cart for that member of your household.
- Click "Change Member" to add activities to the cart for another member in the household
- Click "Check Out" to review your shopping cart, then continue to move forward with your order.
- Choose "Pay Online" (when available) or Create a Registration Form and follow the steps.

## 50% OFF

If you are a Town of Malta or Village of Round Lake resident age 60 or older **most** Town of Malta Parks and Recreation classes priced \$30 or more have a senior discount rate of up to 50% off! What a bargain!



**1. ADULT PARTICIPANT OR PARENT/GUARDIAN INFORMATION**

\_\_\_\_\_ | \_\_\_\_\_ | D.O. B. \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Last Name First Name

\_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ | \_\_\_\_\_ Malta Resident  Yes  No  
 Address City State Zip

(\_\_\_\_) \_\_\_\_\_ | (\_\_\_\_) \_\_\_\_\_ | (\_\_\_\_) \_\_\_\_\_  
 Home Phone Work Phone Cell Phone

\_\_\_\_\_ | \_\_\_\_\_ (\_\_\_\_)  
 Email Address Emergency Contact Name / Phone

Check this box to receive e-mails from the Malta Department of Parks, Recreation & Human Services. Transactions confirmations, links to receipts, information about programs, events and classes and facilities are communicated via email. Email addresses are for Department use only and will not be shared.

**2. READ & SIGN THE WAIVER**

I have read and fully understand the policies and the Town of Malta Assumption of Risk on the reverse side of this form. I understand my signature, or primary guardian's signature (if under 18), is required to take part in Malta Parks & Recreation programs.

\_\_\_\_\_ | \_\_\_\_\_  
 Signature of Participant or Parent/Guardian Date

**3. TELL US WHAT YOU ARE REGISTERING FOR (PLEASE FILL OUT COMPLETELY.)**

PARTICIPANT'S NAME (FIRST, LAST)	GRADE	BIRTH DATE	SEX	CODE	PROGRAM NAME	FEE
			<input type="checkbox"/> M <input type="checkbox"/> F			
			<input type="checkbox"/> M <input type="checkbox"/> F			
			<input type="checkbox"/> M <input type="checkbox"/> F			

**4. COMPLETE PAYMENT METHOD**

TOTAL AMOUNT DUE: \$ \_\_\_\_\_  Cash  Check # \_\_\_\_\_  Visa  MasterCard *Make checks payable to Town of Malta.*

Cardholder Name: \_\_\_\_\_ Authorized Signature: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_  
 (Card Verification code)

**5. LET US KNOW OF ANY SPECIAL NEEDS**

We welcome individuals with disabilities. Please describe any accommodations needed for successful inclusion in the program(s). \_\_\_\_\_

**6. RETURN**

By Mail: Class Registration, Malta Community Center  
 1 Bayberry Drive  
 Malta, NY 12020

By Fax: 899-4448  
 (Credit cards only)

**Cancellation Policy:** Since the fees collected must offset personnel and other program expenses, any requests for a refund or credit must be made a full week prior to the start of class. Requests after this time will not be considered. There will be a \$5 service charge for each activity refund although there is no service charge for accepting a credit on your account. Only amounts greater than \$10 will be refundable. For refund requests under \$10, money will be applied to customer account. In the event that an activity is filled or cancelled, a full refund will be made. Please allow up to four weeks for refunds to be issued.

**T-Shirts (If Applicable)**  
 Select programs receive participation shirts. If so, please indicate the shirt size next to the participant's name using the following sizes.  
 YS (6-8) YM (10-12) YL (14-16) AM AL AXL

# Registration Info

## TOWN OF MALTA

### ASSUMPTION OF RISK

Upon payment and/or participating in this activity, I agree to indemnify and hold harmless the Town of Malta Parks & Recreation Department, The Town of Malta, its employees, personnel, independent contractors and volunteers from any and all liability for injuries or damages which may arise as a result of participating in this activity. I assume all risks and hazards incidental to participation on behalf of myself or my child. I recognize the difficulties and challenges that may be involved in participating in this activity and I or my child are physically and mentally fit to participate and have not been advised otherwise by a physician.

Although the Town of Malta endeavors to provide nut free programs, I understand that the Town cannot guarantee that the program or the premises in which it is held is totally free of exposure to nuts and nut-products.

I also understand that I am responsible to determine whether it is safe for my child to participate in this program and assume the risk by enrolling my child in the program. I do hereby waive, relinquish, release, discharge, and hold harmless from any and all liability, for any physical or mental injury or aggravation of any pre-existing illness, handicap, death, loss of enjoyment, exposure to nut products or any other harm or loss of nature which may be sustained by me or my child while participating in this activity.

I further agree that the Town of Malta Recreation personnel or class instructor may act in an emergency as best fits the situation in the event my emergency contact cannot be reached. I am aware that the sponsoring organization does not carry medical insurance for participants.

## REGISTRATION INFORMATION

- All program registrations are on a first come, first served basis.
- You must register at least a week prior to the start of any class, program or workshop. All fees must be paid at that time.
- No pro-rated class fees.
- Before you buy supplies, check three days in advance to make sure the class will begin as scheduled.
- Register early as classes have been filling up quickly.
- Make checks payable to *Town of Malta*.

## FEES

The **Resident Rate (R)** applies to Town of Malta and Village of Round Lake residents.

The **Senior Resident Rate (SRR)** applies to those persons age 60 and up who live in Malta.

Registrants may be asked for proof of residency.

All others are designated as **Non-Resident Rate (NR)**.

## MINIMUM/MAXIMUM

This designation is for the number of students needed to hold a program (Min) and the number to fill a program (Max). These guidelines are necessary to ensure the best possible experience for each participant. The Malta Parks and Recreation Department may increase or reduce the class size if necessary. Activities may be cancelled if there is not sufficient enrollment.

## POSSIBLE CHANGES IN LISTING

The Malta Parks and Recreation Department reserves the right to cancel, combine, or divide classes; to change time, date or location of classes; to change instructor assignments; and to make any other changes that may be necessary.

## REFUND POLICY

Since the fees collected must offset personnel and other program expenses, any **requests for a refund or credit must be made a full week prior to the start of class. There will be a \$5 service charge for each activity refund** although there is no service charge for accepting a credit on your account.

There are no refunds for missed classes.

Only amounts greater than \$10 will be refundable via check. For refund requests under \$10, money will be applied to customer account. Please allow up to four weeks for check refunds to be issued.

In the event that an activity is filled or cancelled, a full refund will be made. If there is an unplanned cancellation of a single class, that class will be rescheduled whenever possible. If it cannot be rescheduled, a prorated refund in a form of a credit will be issued.

Some classes, events, camps, etc. may have a refund policy specific to them. If so, it will be stated in that enrollment form.

For classes where registration is processed with the provider of the class, refunds would be subject to and processed by them.

## RETURNED CHECKS

There is a \$20 service charge for all returned checks due to insufficient funds. This fee in addition to the original amount must be paid in full via cash or money order in order to resume participation in programming or facility use.

# Registration Info

## PHOTO / VIDEO POLICY

The Town of Malta photographs and videotapes program participants. By registering for a program or involvement with an activity / event, the participant consents to use by the Town of her / his likeness in Town promotions and other uses.

## ROOM RENTAL

Rooms and the gymnasium at the Malta Community Center are available to rent Monday - Friday 8:00am - 9:00pm and Saturdays 9:00am -12:00pm when they are not being used for classes.

To rent a room for parties, meetings, sports practice or special occasions, pick up an application and fee schedule at the Center. Applications, fees, damage deposit and insurance requirements must be submitted at least 48 business hours prior to the rental time in order to reserve a facility.

## GERALD E. WINTERS GYMNASIUM

The gymnasium features wood floors, is air conditioned and is lined for full court basketball and volleyball. Other sports such as pickle ball, tennis, badminton and soccer can be played. The gym can also be divided into half courts by using the suspended curtain. Many classes and programs are offered in the gymnasium, as well as, open gym times for families, adult basketball and indoor walking.

**Open Gym:** A current gym schedule can be found at [www.malta-town.org](http://www.malta-town.org) under the Parks and Recreation page. Schedules are subject to change. You must bring your own equipment and clean dry gym shoes. Be sure to sign in at the front desk. Adult supervision is required for those under 12 and a parent signed waiver is required for those 12 - 17.



## FIELD INFORMATION AND RENTALS

The Malta Athletic Association is the governing agent and provides maintenance and operations of designated field space in the Town. Field rentals are available at the Shenantaha Creek Park, Malta Community Park and the Luther Forest Athletic Fields. To reserve a field please download a Field Use Permit Application at [www.maltaathleticassociation.com](http://www.maltaathleticassociation.com). This form is used to reserve Town of Malta ball fields. Submit the completed application and fees to:

Malta Athletic Association  
PO Box 2913 Malta, NY 12020

The reservation will be reviewed and processed by the MAA.

To check field availability please visit [www.MaltaAthleticAssociation.org](http://www.MaltaAthleticAssociation.org). To find out how to become a member, call Audrey Ball at 899-4411.

## PAVILION RESERVATIONS

The Malta Parks and Recreation Department reserves pavilions in the Malta Community Park and the Shenantaha Creek Park for picnics and parties. Reservations are taken for May - September.

One pavilion in each park can be reserved per day. You can select from two reservation times either 10:00am-2:00pm or 3:00pm- 7:00pm for your event.

Reservation requirements also include the Pavilion Use Permit Application, deposit and insurance. The application form, which includes the reservation requirement information, rules and regulations, can be found at [www.maltaparksrec.com](http://www.maltaparksrec.com) under the Dept. Info. heading.

## CODE OF CONDUCT

In a continuing effort to provide quality, well maintained, clean and safe programs and facilities for the public, all participants and visitors are expected to exhibit appropriate behavior at all times, show respect to other participants, users, volunteers and staff and take direction from facility/program staff and volunteers.

The following examples of behavior could result in an ejection or suspension:

- fighting or intent to harm,
- swearing, threatening and arguing,
- vandalism.

The reasons listed are not meant to be exhaustive. Town staff or Program volunteers are responsible for the safe management of facilities and programs. If a potential exists for disorder, personal injury, conflict or destruction of property, staff has the authority to eject or suspend any or all participants and visitors. There can also be additional consequences such as criminal charges, arrests, etc.



# Town of Malta

## Department of Parks, Recreation & Human Services

David R. Meager  
Malta Community Center  
One Bayberry Drive  
Malta, NY 12020

PRSR STD  
U.S. Postage  
PAID  
Clifton Park, NY  
Permit No. 53

Postal Customer

**Registration for Fall Activities  
Begins at 8:00am August 1st**

## Seasonal Events

**Fall Family Fun, Festivals,  
Classes, and Events!**

**Malta Community Day**

**Veterans Luncheon**

**Arts, Crafts, and Gift Fair**

**Malta Career Expo & Job Fair**

**Harvest Family Fun Day**

**Fall Theatre Production**

**Citizens Preparedness Event**

